Reports from the EuroAgeism H2020 project events:
The 3rd EuroAgeism H2020 Training School (May 3-6, 2021) and
Discussion Day on Inappropriate Geriatric Prescribing (May 7, 2021)

On May 3-7th 2021, the EuroAgeism H2020 project organized for Early Stage Researchers (ESRs) and other interested participants outside the EuroAgeism International training network (ITN) two educational and scientific events held online from the Faculty of Pharmacy in Hradec Králové, Charles University, Czech Republic.

The 3rd EuroAgeism Training School took place from May 3rd to 6th and focused on “Perspectives of ageing in Europe and other countries and future ways to combat ageism”. Then followed the affiliated Discussion Day on "Inappropriate geriatric prescribing in Europe and developing countries and availability of clinical pharmacy services for older adults in different settings of care", organized on May 7th, 2021. The first event was prepared mainly by the EuroAgeism H2020 project ITN and the Faculty of Pharmacy in Hradec Králové, Charles University. The second event was co-organized also by the European Society of Clinical Pharmacy (ESCP) and research team of WP4 of the INOMED project (for more information on both event please see the Abstract Book: Abstract-book-EuroAgeism-H2020_19052021.aspx [cuni.cz]).
program continued with expert lectures related to the current situation in the world population ageing, future challenges in the healthcare and socioeconomic areas and problems of older persons’ discrimination and ageist practices in various fields and sectors. Many European and international policy partners of the EuroAgeism H2020 project participated at the Training School during this 1st day and significantly contributed to very interesting and important discussions. Participants could discuss various topics particularly with invited representatives of the World Health Organization (Dr. Vania Delafuente Núñez), United Nations’ Economic Commission for Europe (Dr. Vitalija Gaucaite Wittich), Age platform Europe (Dr. Nena Georganzi), Centre for Economic Analysis in Poland (Dr. Michal Myck) and European Centre for Social Welfare Policy and Research in Austria (Dr. Kai Leichsenring).
Other two days of the Training School were devoted mainly to the ESRs training in “how to write a dissertation thesis”, “how to prepare for discussion and defence of doctoral dissertations” and “how to write a postdoctoral fellowship grant”. Invited lectures and workshops during these days were led by prof. James Tufano (Charles University, Czech Republic), Dr. Ira Virtanen (Tampere University, Finland), Dr. Zuzana Čapková, MSc (MSCA office, Technology Centre of the Czech Academy of Sciences, Czech Republic) and Dr. Andrea Principi (National Institute of Health & Science on Ageing, Italy). On Wednesday afternoon participants attended lectures of professionals experienced in H2020 grant proposal writing and submissions, particularly Prof. Hein van Hout (from the Amsterdam Public Health Research Institute in Netherlands) and Dr. Laura Motta (from the Catholic University of Milan, Italy).

During the last Day of the Training School (Thursday May 6th, 2021) ESRs of the EuroAgeism H2020 project presented results of their research projects to invited experts from various European Universities and scientific fields. They summarized findings and implications of their doctoral dissertation works, mostly describing various aspects of ageism in different areas (in the healthcare, medication use, social care provision, media etc.), focusing on national and cross-national EU problems and solutions. Oponents of ESRs’ presentations were invited experts from 15 EU and nonEU countries. Professional discussions to ESRs’ presentations were held in 3 break out rooms and moderated by supervisors of the EuroAgeism H2020 project: Prof. Jolanta Perek-Bialas (Jagiellonian University, Poland), Prof. Angela Kydd (Robert Gordon University, United Kingdom) and Prof. Yvonne van Zaal (Fontys University of Applied Sciences, the Netherlands). Discussion on ESRs’ scientific works and future scientific plans continued also during afternoon individual consultations of ESRs with invited experts in individual break-out rooms. The Training school finished by a short social event on Thursday evening, May 6th, 2021.
Discussion Day on "Inappropriate prescribing in older adults in Europe and developing countries and availability of clinical pharmacy services for older patients in different settings of care" (May 7, 2021)

This affiliated event to the 3rd EuroAgeism Training School shorty called “Discussion Day on Inappropriate geriatric prescribing in Europe and other countries” was organized by the University Educational Centre in Clinical Pharmacy, Faculty of Pharmacy, Charles University with a support of the European Society of Clinical Pharmacy (ESCP) and researchers from WP4 of the INOMED project, co-financed by the European Commission.

The event focused mainly on problems related to polypharmacy in older age, drug-related morbidity, mortality, aspects of inappropriate geriatric prescribing in Europe and other countries (mainly developing countries - India and Ethiopia) and also on ways how to improve medication safety in older adults in future decades. Particularly development of specific medication safety and medication management services, mainly clinical pharmacy services for older adults, has been discussed, as well as importance of reducing negative health, social and economic outcomes of inappropriate geriatric prescribing.

The event started by cordial invitation of participants by honorable guests from the European Society of Clinical Pharmacy (ESCP)- prof. Derek Stewart, President of the Society and Dr. Vibhu Paudyal, Ph.D., Chair of the Scientific and Research Committee of the ESCP. Both helped to moderate selected sessions of the Discussion Day and stimulated discussion on important role of clinical pharmacy services, using examples from various studies and European countries.
Senior researchers from 11 countries (Czech Republic, Croatia, Serbia, Bulgaria, Estonia, Spain, Turkey, Belgium, Ireland, Ethiopia and India) prepared their presentations on national population ageing, results of current local studies on inappropriate geriatric prescribing and the stage of development of clinical pharmacy services in different settings of care. Young PhD fellows from country-specific research teams presented also their preliminary research findings from the EuroAgeism project (a collaboration on ESR7 international data collection) and selected findings from the INOMED WP4 project. The
Discussion Day ended late afternoon by interesting discussions and by sharing various experiences.

The open sessions of both events - the EuroAgeism H2020 Training School and the Discussion Day were attended by 139 participants outside the EuroAgeism international training network from 5 different continents and 34 different EU and non EU countries (24 EU countries: the Czech Rep., Slovakia, Belgium, Germany, UK, Ireland, Sweden, Finland, Spain, Bulgaria, Republic of Serbia, Romania, Portugal, Croatia, Norway, Lithuania, Estonia, Macedonia, Monte Negro, Italy, Poland, Netherlands, Switzerland and Austria); 5 Middle East and Asian countries (Israel, Turkey, India, China and South Korea), 3 North and Middle American countries (USA, Mexico and Canada) and 2 African countries (Ghana and Ethiopia). E-mails with enthusiastic and positive feedbacks were sent to organizers after this training week and many participants expressed the interest to attend also future activities of the EuroAgeism H2020 project.

We thank to organizing team, EuroAgeism H2020 International Training Network, all collaborating institutions and all participants!

Team of local organizers (from the left): Assoc. Prof. Daniela Fialová, Jovana Brkić, MSc. (ESR7 in the EuroAgeism project), Radek Matoušek, MSc. (IT), Ing. Andrea Vokálová (project manager), Ing. Josef Marek (photo not available)

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Main organizing subjects

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Collaborating EuroAgeism H2020 University teams

Collaborating EuroAgeism H2020 policy partners

Collaborating institutions of invited speakers and experts
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